

## Allied Health Staff – Job roles

Joyce Mateta (f) (Advanced Nurse Practitioner) – She is qualified to see patients who are 2 years and above with undifferentiated and undiagnosed medical problems, and to make detailed assessment of their health care needs, based on combined medical and nursing knowledge, including clinical skills that may not have traditionally associated with nurses, such as history taking, physical examination, diagnoses, and prescribing of medicines. As an ANP can also directly refer patients to clinical specialists, such as hospital consultants or other.

Jathurshika (Jay) Vigneswaran (f) (Physician Associate) - As a Physician Associate in general practice, my role involves conducting medical assessments, take patient histories, and perform physical examinations in patients presenting with acute and chronic presentations for patients 3 years and above. I contribute to diagnosis and treatment planning. While I do not prescribe medications independently, I play a vital role in supporting the medical team and enhancing the overall efficiency and effectiveness of healthcare delivery in the general practice setting.

Adebimpe Dairo (f) (Clinical Pharmacist) - Clinical Pharmacists conduct Medication Reviews, manage medicines in order to make sure our patients get the most benefit from their medication and optimise treatment outcome. We also liaise with GPs and other HCPs to review and make recommendations of the ongoing needs of patient's facing long term conditions. We manage, reconcile and audit medicines at discharge from hospital and provide suggestions and solutions to medicine-related enquires.

Arabee Suresh (f) (Clinical Pharmacist) – Clinical Pharmacists conduct Medication Reviews, manage medicines in order to make sure our patients get the most benefit from their medication and optimise treatment outcome. We also liaise with GPs and other HCPs to review and make recommendations of the ongoing needs of patient's facing long term conditions. We manage, reconcile and audit medicines at discharge from hospital and provide suggestions and solutions to medicine-related enquires.

Leyya Adams (f) (First Contact Physio) – The physio will assess and diagnose what's happening, give advice on how best to manage your condition/symptoms and refer onwards to specialist care if needed. She will see patients who are aged 16 and over. This includes all soft tissue injuries, sprains, strains or sports injuries, arthritis any joints, possible problems with muscles, ligaments, tendons, or bone e.g., tennis elbow, carpal tunnel syndrome and ankle sprains. She also does spinal pain including lower back pain, mid-back pain and neck pain, spinal related pain in arms or legs, including nerve symptoms e.g., pins and needles or numbness.

Charlotte Adjei (f) (Primary Care Mental Health Practitioner) As the primary care mental health practitioner I carry out full and comprehensive telephone and face to face assessment with clients autonomously. During these assessments, I ensure that I have read client's present and past progress notes entries, risk assessments. Working with patients and care in delivering highly accessible and responsive interventions through referral routes. I offer interventions to promote a truly integrates, holistic approach to care. I work in conjunction with GP, primary and secondary care service to make sure that service users are supported in the most appropriate clinical practice environment from multi-disciplinary perspective. This practice helps to establish the nature of client's needs and also promotes an all-inclusive mental health assessment. I work autonomously to provide and implement evidence based psychological and non-psychological treatment for mental health disorders.

Adetokjunbo Towoba (f) (Senior primary care mental health practitioner) – As the senior primary care mental health nurse (NMP) I manage a caseload of clients autonomously, deliver time-limited psychologically information interventions face-to-face, remotely and in group formats. I administer evidence-based pharmacological treatments applicable to a wide range of mental health presentations. Refer and signpost service users to most appropriate service for their needs – mental health, physical health, and social needs. I will signpost to ADHD service for further assessment and treatment. I only see patients who are 18 years old and above.

Justyna Brandys (PCN CYP Mental Health Practitioner) – She provides a very brief low level therapeutic interventions evidenced based (6-8 sessions) for 5–18-year-olds for mild to moderate mental/emotional difficulties which include anxiety, low mood, mild to moderate emotional difficulties, sleep problems, anger/emotional regulation, mild depression, body image/disordered eating, obsessional thoughts and bereavement with no risk to self – harm or harm others. She does not cover ADHD or ASD screening/assessments.

Esther Ajike (Social Prescriber) – Social prescribing addresses a broad range of non-clinical needs. She caters to those who need support and advice dealing with social care, debt, unemployment, housing, mobility issues, loneliness and build social connections by joining local community groups.